



NADA-UK Ltd

'Pointing in the right direction'

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SPEAKERS LIST

Annual National Conference 2006: Saturday 11th November 2006
The Marriott Hotel, Liverpool L1! RH

This year we are privileged to have two very eminent presenters from the USA, together with long serving UK NADA practitioners sharing their experiences with us. We are delighted to introduce you to our keynote speakers and workshop presenters, and a brief of their background and presentations:

Elizabeth 'Libby' Stuyt, MD., is currently the Medical Director for the Circle Program at the Colorado Mental Health Institute at Pueblo, Colorado. It is a 90-day inpatient treatment program, funded by the state of Colorado, for persons with severe co-occurring mental illness and substance misuse who have failed all other levels of treatment. She is a board certified Addiction Psychiatrist and also is a Senior Instructor for the University of Colorado HSC, Department of Psychiatry. Dr. Stuyt has authored and co-authored several abstracts and articles including "Addressing Tobacco Through Program and System Change in Mental Health and Addiction Settings," and "Recovery Rates After Treatment for Alcohol/Drug Dependence: Tobacco Users versus Non-Tobacco Users."

She has presented internationally on numerous topics and has been working in the field of addiction psychiatry for sixteen years. She helped the Circle Program become tobacco free beginning in January 2000 and has used the NADA protocol to help patients with tobacco cessation since November 2000. She has since discovered many other positive benefits of the NADA protocol in dual diagnosis treatment and has published on this experience: *Stuyt, E.B.* and *J.L. Meeker*, "Benefits of auricular acupuncture in tobacco-free inpatient dual-diagnosis treatment." *Journal of Dual Diagnosis*. 2006; 2(4): 41-52.

Dr. J.K. Rotchford has been practicing acupuncture as part of his medical practice since 1981. In 1990 for his master's degree thesis in public health from the University of Washington he studied outcomes related to medical acupuncture. He is a founding member of the American Academy of Medical Acupuncture and was a long time president of the Medical Acupuncture Research Foundation. He was instrumental in having the data base developed for the 1997 N.I.H. consensus conference on acupuncture is maintained and publicly available through Acubriefs.

www.Acubriefs.com is a site that facilitates access to the most current English research literature on acupuncture. For a number of years Dr Rotchford wrote reviews on acupuncture research which are still available at this web site. He has spoken widely on the subject of acupuncture research and has been a strong advocate for using research methodologies particularly suited for evaluating clinical acupuncture.

Workshop Presenters

Three afternoon workshops will focus on three different projects, The Core Trust - London, Turning Point - Rockingham Drug Project -Sheffield, The Lighthouse Project - Merseyside. They are all long standing treatment service providers and have all integrated the Nada Protocol into their programmes for many years now. In the workshops each will be focusing on the difficult challenges in measuring outcomes and effectiveness, and how that can impact on their work and their finances.

Rachel Peckham - Acupuncturist, NADA-UK Board Member & Registered Trainer.

Rachel worked at the Core Trust for many years and two years ago undertook a piece of qualitative research on the role and impact of the Nada protocol at the Core Trust. She will share the findings of this study.

Ruth Shaw - Complimentary Therapy Coordinator for The Lighthouse Project, Merseyside. Ruth has worked with the organization for thirteen years, starting out as an outreach worker, trained in the Nada protocol, developed the acudetox service , introduced other complimentary therapies, she shares her experiences in convincing commissioners and others that the NADA protocol is an invaluable tool for clients.

Ann Nixon - Developed the Nada Protocol and various other complimentary therapies for clients at the Rockingham Project in Sheffield over many years. Ann will share her experiences in providing a measuring tool for outcomes based on client feedback, lower relapse rates, higher retention rates, etc., as required by N.T.A.

CONTINUING EDUCATION CREDITS WILL BE AWARDED FOR ATTENDANCE AT THESE PRESENTATIONS' WORKSHOPS